

as the photon belt is activated, and we come closer to the evolution process, from gravity back to levity, all living beings -, plants, animals and humans -, shift into a new dna coding, known as solar dust, that comes from the center of the galactic womb into our atmosphere. it is a primordial way in which the hyper-space evolves and evolves the atomic structure of all life and changes its elementary structure; for instance in the human blood, the heavy metals are converted into lighter ones, such as mercury, helium and photons, in the future time

during this transformation, we can rebuild our light bodies and increase our energy. some individuals have already begun to notice that have become more or fully conscious, or even multi-dimensional; this shift took place through dna recoding, an empowering process to remember, who we are -, means we regain our spiritual and ancestral memory

having disconnected from the source and the real i(=eye) am light energy, and living in a matrix reality created by a lower consciousness, with programs full of viruses and junk for the human brain, the intelligence and higher knowledge was been replaced and suffered manipulation, causing disease in the entire human organism

full restoration can only be achieved genetically, within the blue print in the blood, also in the light bodies (aura) by cleansing density and reactivating (recoding of dna) the 12 dna strands which is the main genetic codes, allowing access to individual, collective, planetary and interplanetary information

with simple words, dna recoding or dna re-programming, is the process of removing old patterns of energy (energetical implants) and re-programming them with new ones; also by installing complete new programs that will reconnect with the higher self and consciousness

operating at full potential of response-ability, we increase our physical qualities, release debilitating emotions of fear and guilt, improve our health, quicken manifestations and live the purpose of our self in union with the spirit (= eye am goddess)

## preparing for a crystal therapy session

to prepare yourself for your crystal therapy session, we recommend the following:

detox for at least 12 hours before the visit. drink lots of water and eat only wholesome foods like fresh fruits and vegetables. do not eat a heavy meal before your appointment

it is recommended that you refrain from having alcohol, caffeine or any kind of synthetic drinks

wear loose, comfortable clothing

leave jewelry at home. metallic jewelry or anything around your neck or on your fingers can interfere with the energy flow

do not discontinue any prescribed medications you are taking without consulting your doctor

all rays love, LDQ